

# Problematic Substance Misuse – Alcohol

*Thank you for sharing (Insert summary of disclosure), I would like to reassure you that you have a range of options and support services are available for you.*

*You may wish to look at coping with alcohol use [harm reduction strategies](#).*

*We would encourage you to contact your GP to discuss the impact and look at a treatment plan.*

*You may also wish to look at information from [drink aware](#), [Alcohol Change](#), or contact [Turning Point](#) on **01509 279390**.*

*Further information is available on our [online reporting tool website](#).*

*Kind regards*